

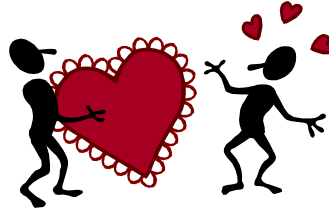
Twin Dragons Martial Arts & Fitness

929 Dougherty Road

Aiken, SC 29803

803-649-1673

www.Twindragons.US



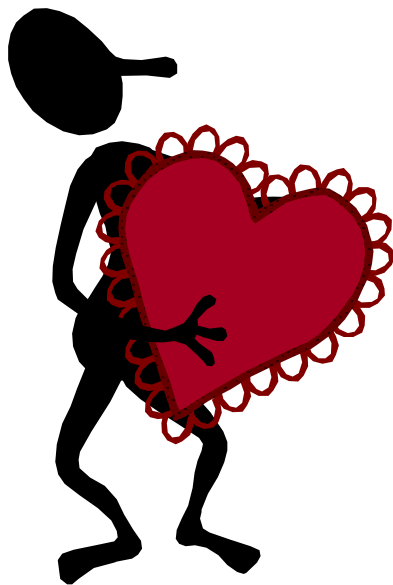
Parent's Date Night!

Friday, February 10th

6:00 PM to 10:00 PM



Plan a night out or simply having time alone without the kids and let Twin Dragons help. This is a Free Community Service from the Dragon Crew! This event is for children ages 5-12. A fun filled evening of martial arts, safety training, arts & crafts, movie and snacks!



6:00 - 6:30 Introduction/Free Play

6:30 - 7:00 Fitness Games

7:00 - 7:30 Martial Arts

7:30 - 8:00 Arts & Crafts

8:00 - 8:30 Safety Seminar

8:30 - 10:00 Movie/Snack Time